

All Day Breakfast

Smashed Avo on GF sourdough toast, Noshing vegan almond feta, pumpkin seeds, micro greens 17

Green Machine Bagel with vegan house pesto, avocado, micro greens 14 *[NF, contains pumpkin seeds]*

STAC'd Bagel with spinach, tomato, avocado, vegan cheese 14 *[NF]*

GF Waffles with banana, berries, coconut yoghurt, maple syrup 16 *[NF]*

GF Banana Bread with house peanut butter, banana, walnuts, cacao nibs, maple syrup 15
~ add vegan ice cream +4

Granola + Coconut Yoghurt GH Produce granola served with Cocobella coconut yoghurt, fresh berries 10

GF Vegan Muffins a rotating selection of sweet and savoury, served warm 6.50

Smoothie Bowls

All topped with GF vegan granola, banana, strawberries and chia seeds

Acai organic unsweetened almond milk, organic acai powder, banana, blueberries 16

Green Goodness organic unsweetened almond milk, avocado, kale, banana 15

PB Choc organic unsweetened almond milk, house-made peanut butter, organic raw cacao powder, banana, dates 15

Tropical organic coconut milk, mango, pineapple, banana 15

Lunch

Rainbow Rice Paper Rolls three fresh Vietnamese spring rolls filled with mint, cabbage, carrot, capsicum, snow pea sprouts, served with a vegan hoisin-style dipping sauce and sesame seeds 12 *[NF, contains sesame]*

Raw Pad Thai zucchini noodles, carrot, capsicum, cherry tomatoes, crunchy sprouts, mint and basil with a mildly spicy peanut butter sauce 15 *[K]*

Raw Kale Slaw cabbage, carrot, kale in a vegan cashew mayo, topped with cherry tomatoes and a smoky, BBQ walnut crumble 15

Buddha Bowl tofu, edamame, snow pea sprouts, carrot, cabbage, brown rice, cucumber ribbons, spinach with a tangy lemon, ginger, tamari and sesame oil dressing 16 *[NF, contains sesame]*

Vegan Burrito NOT GLUTEN-FREE organic red kidney beans, tomato, house-made guacamole, lettuce, jalapenos and vegan cheese, wrapped in a toasted wholegrain tortilla 17 *[NF]*

Vegan Burger house-made carrot and walnut patty, cashew mayo, tomato, avocado, lettuce, tomato ketchup, vegan cheese on a toasted GF bun 18

Pumpkin Coconut Curry pumpkin and green pea Thai red curry in organic coconut milk, served with brown rice 15 *[NF]*

Mexican Protein Bowl organic black beans, corn, avocado, brown rice, house cashew sour cream, shredded lettuce with a tomato, red onion & coriander salsa 17

Smoothies

All 9

Pina Colada organic coconut milk, banana, pineapple

I'm Immune orange, spinach, ginger, dates, sunflower seeds

Strawberry Fields strawberries, spinach, basil, 100% apple juice

Apple Daily cucumber, mint, lemon, 100% apple juice

Cacao Almond Joy organic unsweetened almond milk, banana, house-made almond butter, organic raw cacao powder, dates

Berry Bliss organic unsweetened almond milk, banana, blueberries, strawberries

Mango Coconut organic coconut milk, mango, banana, coconut flakes

Green Goodness organic unsweetened almond milk, avocado, kale, banana

Just Plain Banana milk of choice, banana, organic agave syrup, cinnamon

~ add GF, vegan protein powder +4

~ add organic acai powder +3

Hot Drinks

Espresso 3.60 single, 4.20 double

Small 1 shot 8oz latte, flat white, cappuccino, long black, short macchiato 4.20

Medium 2 shots 12oz latte, flat white, cappuccino, long black 4.80

Large 3 shots 16oz latte, flat white, cappuccino, long black 5.50

Long macchiato +0.60

Hot chocolate +0.50

Chai latte +0.50

Mocha +0.50

Turmeric latte +0.50

Matcha latte +1

Extra shot +0.60

Decaf +0.60

Honey or Stevia +0.50

Iced latte or chocolate 6.50

~ add vegan ice cream +4

Plant milks available

ALL NO EXTRA CHARGE

Alternative Dairy Co almond milk

Alternative Dairy Co Oat milk

Happy Happy Soy Boy soy milk

Coco Quench organic coconut milk

Organic Tea medium 12oz only chai, chamomile, Earl Grey, English Breakfast, green, lemon & ginger, peppermint 4.50

Please see our cabinets for a wide range of desserts, pastries and cold drinks or speak to one of our friendly staff

All items are gluten free, vegan, and refined sugar free unless otherwise stated

[NF] = Nut-free [K] = Keto

Eat Drink Raw

keeping it clean and green